Body Positivity Week

**THE WEEK OF FEBRUARY 21**

**MONDAY 2.22**
12-4 Library
I LOVE MY BODY EXCERCISE

**TUESDAY 2.23**
12-1 MUB, Ballroom A1
BALANCE AND MODERATION LUNCH AND LEARN
Email wmborosk@mtu.edu to RSVP

8:15-9:15 SDC Studio
YOGA FOR EVERY BODY

**WEDNESDAY 2.24**
Relaxation Room 313
Administrative Building
10-2 EATING DISORDER SCREENING WITH COUNSELING SERVICES

12-4 Dow Lobby
TRASH YOUR INSECURITIES

**THURSDAY 2.25**
6 pm Fisher 135
GUEST SPEAKER ERIN BROWN FOLLOWED BY CANDLE LIGHT VIGIL

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#bodypositivemtu

SPEAK UP!

TITLe IX

There is more to health and fitness than washboard abs. I’m here to talk about the rest of it. -Erin Brown