

KIP Health Brief

December 2022

CASE TRENDS

Michigan State Synopsis

7 day average as of 12/09/22

New COVID-19 Cases per 100,000

Nucleic Acid Amplification Test (NAAT) positivity rate

New Confirmed COVID-19 Hospital Admissions per 100,000

New COVID-19 Deaths per 100,000

Last Week

Change from Previous Week

119	+35%
12.9%	+0.8%
9.4	+12%
2.4	+114%

COVID-19 Vaccinations

Total fully vaccinated

<5 years with at least one dose

5+ years fully vaccinated

12+ years received booster

65+ years received booster

6,197,737 people

25,073 people

6,185,541 people

3,547,164 people

1,278,737 people

62.1% of total pop.

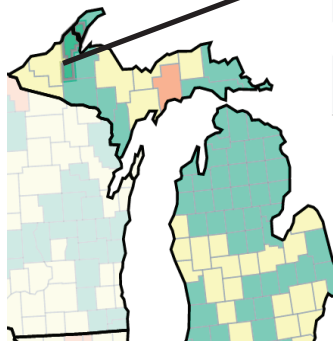
4.4% of <5 pop.

65.7% of 5+ pop.

59.6% of 12+ fully vaccinated pop.

79.5% of 65+ fully vaccinated pop.

healthdata.gov



Houghton County

Case Rate per 100,000 population

64.45

New COVID-19 admissions per 100,000 population

4.3

% Staffed inpatient beds in use by patients with confirmed COVID-19

1.9%

COVID-19 Community Level

● Low

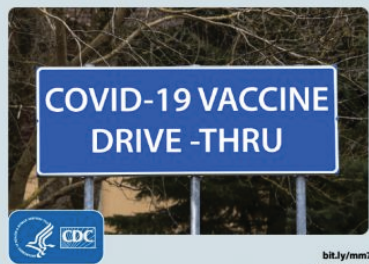
Determined by reported cases (not included at-home test results)

covid.cdc.gov

RESEARCH STUDY OF THE MONTH

Effectiveness of Bivalent mRNA Vaccines in Preventing Symptomatic SARS-CoV-2 Infection-Increasing Community Access to Testing Program

An updated (bivalent) COVID-19 booster provides **additional protection** against symptomatic COVID-19 illness*



COVID-19 spread has increased during the last two winters; **stay up to date with COVID-19 vaccination**

* Among immunocompetent adults with COVID-19-like symptoms, the vaccination status of 121,687 adults with a positive COVID-19 test was compared to that of 238,939 adults with a negative COVID-19 test

bit.ly/mm7148et
NOVEMBER 22, 2022

MMWR

HEALTH & WELL-BEING

6 Tips to Stay Active This Winter !

Monitor the weather and plan ahead

Do some chores

Take nature walks

Workout online

Wear layers

Volunteer in active ways

while maintaining social distance

cdc.gov

AVOID WINTER "TRIPLE DEMIC"

Flu, COVID-19, and Respiratory Syncytial Virus (RSV) are respiratory viruses that can infect people of all ages, spreading the same time this winter.

Stay home when you're sick

Get vaccinated for flu and COVID-19



npr.gov

Washing hands

Wearing masks

USEFUL RESOURCES

HealthData.gov

Michigan.gov

Western Upper Peninsula Health Department



SCHEDULE VACCINES

Visit vaccines.gov to find updated vaccines (for those already vaccinated) & primary vaccines (for those not yet vaccinated) & flu vaccines **near you**

GATHERING SAFELY DURING HOLIDAYS !

WINTER BREAK PHYSICAL ACTIVITY WORKOUTS

Visit upandmoving.org to find Up and Moving Dates and Times