Testimonials

"I have learned I need to be more confident in myself. I feel as though I’m really starting to believe more in myself and it shows!"
- YWLP Participant

"It was amazing to be able to show the little sisters that you can find confidence in little things every day"
- YWLP Mentor

Michigan Tech
Questions?
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Program Overview

Sponsored by Michigan Technological University’s Center for Diversity and Inclusion (CDI), the Young Women Leaders Program (YWLP) is a mentoring program that pairs undergraduate women (Big Sisters) with middle school girls (Little Sisters) from the local community. The curriculum and one-on-one mentoring time helps the Little Sisters build positive self-esteem and practice the following leadership skills:

- Communication
- Goal setting
- Stress management
- Self reflection
- Problem solving

Benefit of the Program

Every YWLP session includes both large group activities and one-on-one time for the Sisters to work together. Benefits of our unique structure include:

- A trusting and successful mentor-mentee relationship
- A supportive group environment
- An opportunity to collaborate with peers.
- An atmosphere in which every Sister is valued

Participant Selection

Middle school girls who want to participate as a Little Sister should:

- Be able to commit to nine weeks of mentoring sessions from late January through mid-April
- Receive a recommendation from your school's guidance counselor
- Return consent forms by the deadline – the program is free of charge!

College women wanting to volunteer and serve as a YWLP Big Sister must:

- Be able to complete ten weeks of mentor training in the fall and nine weeks of mentoring sessions in the spring
- Complete the application on the YWLP page of CDI’s website by the deadline
- Schedule an interview with the Coordinator
- Maintain a GPA of at least 2.75
- Be free of disciplinary sanctions and academic misconduct